### Would you like to participate in an ENMC workshop?

- Check www.enmc.org for the upcoming workshops.
- Download the toolkit for patients from the website to learn what you can expect from a workshop, how to prepare and what is expected from you.
- Contact ENMC to be involved in your workshop of interest at enmc@enmc.org or +31 35 5480481.

# USCULAR GENTRE

#### **ENMC**

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## A special thanks to all our partners and other supporters

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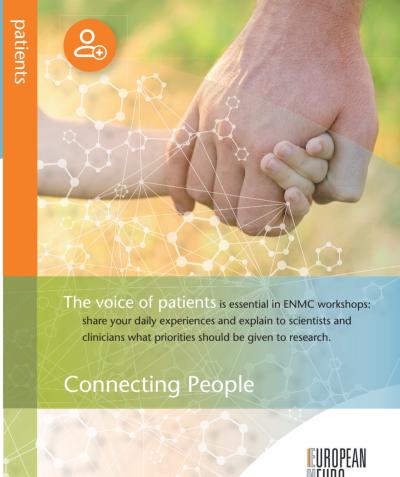








**b** NOVARTIS IONIS Roche) **PerkinElme** And many workshop-specific supporters: www.enmc.org



#### What is the ENMC?

The mission of the ENMC is to connect healthcare professionals worldwide in order to advance progress in the diagnosis, treatment and care of people with a neuromuscular condition.

### How do we achieve this?

ENMC organises workshops upon application by researchers and healthcare professionals who are experts in the field of rare neuromuscular disorders. Workshops take place over the weekend in the vicinity of Amsterdam Schiphol airport. During a workshop, participants share their experiences, show unpublished data, discuss research gaps and plan future collaborations to find methods for establishing the right diagnoses and to develop successful treatments.

"I was delighted to help research by translating a survey on psychological issues for a study presented at this workshop, through which many brazilian patients were able to give their feedbacks."

## Workshop experiences from patient representatives

"What I really like and appreciate about the ENMC workshops is how knowledge is multiplied by sharing. And now, as a patient, I can contribute to this."



**Mrs Ingrid de Groot** joined already six ENMC workshops.

## How does ENMC facilitate your contribution?

- The ENMC will reimburse your travel costs.
- The ENMC workshops always take place in a hotel that has adapted rooms for individuals with a neuromuscular condition.
- The ENMC provides a wheelchair accessible meeting venue and special taxi transportation, if needed.
- The ENMC office provides a patient toolkit for your further preparation.
- We take care that every workshop participant is being heard.



Cassiano de Carvalho, here with Marnix van Bruggen at the 267th workshop on psychological interventions.

### What can a patient contribute?

The ENMC strongly encourages the participation of patients, relatives and/or advocates from patient organisations, to represent the patients' voice. Our experience shows that the perspective and the experience of people who are daily confronted with a neuromuscular disease is of extreme importance for researchers and health care professionals. It helps them in their efforts to improve care and diagnostic tools, or in the planning of clinical trials and new disease registries.

